

# BRIGHTHOPE Pregnancy Support Centers

## November 2018 Class Schedule

(Earn While You Learn Program)

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### Allentown Center: 1036 Hamilton Street

Day	Time	Class Title	Class Description
Tuesday	12:00-1:30 pm	Parenting: New Parent Primer (10.9-10.30)	Dealing with illnesses, emergencies, discipline
Wednesday	12:00-1:00 pm	Nutrition: Learn & Cook for Health through Penn State Cooperative Extension (10.17 – 11.21)	Interactive nutrition class focusing on healthy eating on a budget (attend only 1 nutrition class/week)
	1:30-2:30 pm	Parenting: Pregnancy, Delivery, Newborn Care through the Sacred Heart Parish Nurses (no class 10.31, 11.21)	Support for healthy choices as your family grows
Thursday	1:00-2:15 pm	Nutrition: Learn & Cook for Health through Penn State Cooperative Extension	Interactive nutrition class focusing on healthy eating on a budget (attend only 1 nutrition class/week)

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### Bethlehem Center: 541 E. Broad Street, Bethlehem PA 18018

Day	Time	Class Title	Class Description
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### Easton Center: 2204 Northampton Street, Easton PA 18042

Day	Time	Class Title	Class Description
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**\*Call 610-821-4000 to register for a class or register in person at one of our local centers. Class size is limited. Children under 6 months allowed to attend. No childcare available.**

The Earn While You Learn Program (EWYL) gives you the opportunity to EARN baby bucks to shop in our baby boutiques located throughout the Lehigh Valley. Each class or 1:1 session equals 20 baby bucks. Bring a support person along and you will get 10 extra baby bucks. 5 baby bucks for completed homework.

Call 610-821-4000 to register for a class or register in person at one of our local centers.

Class size is limited.

ONLY Children 6 months or under allowed to attend. Childcare for other ages is unavailable at this time.

Please be on time.

If you are interested in life skills, healthy relationship, pregnancy or parenting classes or a Bible study and would like to meet with a person 1:1, call 610-821-4000 to make an appointment at the center of your choice.

Baby Bucks can be used at any Bright Hope PSC Baby Boutique Store.

**Baby Boutique Hours:** (Hours subject to change)

Allentown- 1345 Hamilton Street – Thursdays 1:30 – 3:30 pm

Bethlehem- 541 E. Broad Street- Mondays 1:30-3:00 pm; Wednesdays 1:30-4:30; Friday 11:00- 2:00 pm

Easton- 2204 Northampton Street – call for appointment

To access Class Schedule go to [Brighthopecenters.org](http://Brighthopecenters.org)

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